



## MASS INTENTIONS

**Sunday, 3 February**  
7:30 pm Parish Mission –*Intimacy with God/Self*

**Monday, 4 February**  
7:30 pm *Living the Reign of God Today*

**Tuesday, 5 February**  
7:30 pm *Reconciliation*

**Wednesday, 6, February - ASH WEDNESDAY**  
9:00 am St. Thomas More School  
10:15 am St. Marguerite D'Youville  
1:30 pm St. Bernard School  
7:30 pm Ash Wednesday Mass - *Discipleship*

**Thursday 7, February**  
6:00 pm Eucharistic Adoration  
7:00 pm For Our Parish Community

**Friday 8, February**  
7:00 pm Stations of the Cross and Mass

**Saturday 9, February**  
5:00 pm For Stanley Chodolak by Jay Chodolak

**Sunday 10, February**  
9:00 am For Our Parish Community  
11:00 am For Our Parish Community

## EUCCHARISTIC MINISTERS

**Saturday 9, February**  
5:00 pm Jay Chodolak

**Sunday 10, February**  
9:00 am Rosarina T. Avella  
11:00 am Roseann Myers

## LECTORS

**Saturday 9, February**  
5:00 pm Lorna De Souza

**Sunday 10, February**  
9:00 am Dan Lane  
11:00 am Roseann Myers

## CASH COUNTERS

**Sunday 10, February**  
Doug Randall & Janet Perry

**YOUR PRAYERS ARE REQUESTED:** Please remember in your prayers all those in our parish community who are sick and in need of encouragement: *Gerard Tessier, Joseph MacDonald, Tami Thompson, and a little baby girl Samantha.*



## LENT- ASH WEDNESDAY – February 6

The annual observance of Lent begins on Ash Wednesday, February 6. This is the time in the Church year for the solemn observance of the great central act of history, the redemption of the human race by our Lord and Saviour Jesus Christ.



In the Roman Rite, the beginning of the forty days of penance is marked with the austere symbol of ashes used in that day's liturgy. This use of ashes is a survival from an ancient rite according to which converted sinners submitted themselves to canonical penance. In Lent, the Alleluia and the Gloria are suppressed until Easter.

Abstinence from eating meat is to be observed on all Fridays during Lent. This applies to persons 14 and older; the law of fasting on Ash Wednesday and Good Friday applies to persons 18 or older and younger than 60.

**STATIONS OF THE CROSS:** During the season of Lent on Fridays at 7:00 pm, different groups in our parish will conduct Stations of the Cross followed by mass. There will be no mass on Friday mornings. The first Friday of Lent, February 8th, the Knights of Columbus will lead the Stations of the Cross.



**PANCAKE BREAKFAST:** Mark your calendar for the St. Bernard Knights of Columbus Pancake breakfast (Pancake and sausages) on **Sunday, February 10<sup>th</sup> after the 9:00 and 11:00 am masses.** Tickets are \$3 per person.



**CHURCH ENVELOPES – 2008:** The 2008 Offertory Envelopes are available to be picked up at the entrance of the church. To register in the parish, please complete and return the initial offering envelope.



## COLLECTION REPORT

January 27, 2008: \$ 2005.00  
50<sup>th</sup> Anniversary Renovation Fund: \$ 1010.00

## Not God

Zephaniah 2:3; 3:12-13, 1 Corinthians 1:26-31, Matthew 5:1-12

We could summarize all of the beatitudes by saying that blessed are those who know that they are not God, and who live out of that knowledge. Now I know that none of us would ever claim to be God. But when we find ourselves living only out of our own wit and wisdom, and never really seriously bringing God into all of our decisions and actions, then we may not say we are God, but we act that way.

But the truth is that we are not the masters of our own fate, nor are we the captains of our own souls. We belong to God and totally depend on God for everything. That is the ultimate and final truth of life. It is in the light of that profound truth that we are asked to live our lives in all of their flesh and blood detail.

As well as belonging to God, we also belong to all those others who belong to God. Those who are poor in spirit know that they live in a world where they must be open to entering into the lives of others. They are gentle with others, mourn with them, want what is just and right for them, are merciful towards those who need mercy, work for peace and are not afraid to stand up for what is right. The poor in spirit know they are not complete in themselves. They need God and they need others, and they live their lives being open to new possibilities.

I would like you to listen to the words of a recovering addict.

*“As I become increasingly willing to accept mystery and uncertainty in my walk with God, I find that I am more and more amazed by (God). Even in the face of my continued foolish defiance, the Triune God is relentlessly, but lovingly, taking away the satisfaction which comes from lesser gods. He is leading me to live in the intersection of my own imperfection and His awesome mercy, grace, and love.”* (Gary, a recovering addict.)



**WELCOME TO OUR PARISH**

A warm welcome is extended to new parishioners. Please introduce yourselves to the pastor or complete the following and drop it in the collection basket.

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

**SPECIAL COLLECTION:** On Ash Wednesday we will have a special collection for Rev. Eugene O'Reilly to demonstrate our appreciation for his spiritual guidance and preparation for Lent. Rev. O'Reilly is leading our Parish Mission starting Sunday evening.

**VOLUNTEER NEEDED:** St. Bernard Parish is looking for a volunteer to administer the St. Bernard Cemetery. If you are interested, please contact Father Virgil at 613/738-1943.

## INTEREST OUTSIDE SAINT BERNARD PARISH

**LET'S TALK YOUTH – DISCUSSING THE FUTURE OF YOUTH MINISTRY IN OTTAWA:** Youth and youth leaders from all Catholic movements, schools and parishes will have an opportunity to bring forward their ideas for Catholic Youth Ministry in our Nation's Capital. Sat., Feb. 16, 7:00 - 9:00 p.m. at the Diocesan Centre, 1247 Kilborn Place.

*What should we do more of, in terms of evangelization and fellowship and how can we work together?; What kinds of improvements can we make to the existing programs and retreats?; How can we connect with more youth?*

*These are but a few questions seeking your discussions, prayers, and responses. Please keep the evening in your prayers, as well as the various movements and groups in the Archdiocese of Ottawa. Everyone is invited!*

**BEGINING AGAIN SEMINAR:** All-day workshop/seminar at the Diocesan Centre, 1247 Kilborn Place. Sat., March 1, 9:00 a.m. - 5:00 p.m. Intended for those who have been recently separated/divorced. Deals with the issues of getting on with life after the trauma of a failed relationship. Cost: \$50. Registration: (deaconpaul@ecclesia-ottawa.org).

**ASH WEDNESDAY OTTAWA HOSPITAL:** Mass and Blessing of Ashes at 12 noon, Wed., Feb. 6. Weekday Masses during Lent, 12 noon at The Ottawa Hospital, Civic and General Campus.

**LENTEN ADVISORY - TELEVISED MISSION 2008:** Keeping a Mellow Heart in a Bitter Time. Guest Preacher: Father Ron Rolheiser, O.M.I. On VISIONTV, Mon., Mar. 3 & Tues., Mar. 4, 7:00 p.m. (repeated 11:00 p.m.).