



MASS INTENTIONS

Wednesday, 13, February

9:15 am For Our Parish Community

Thursday 14, February

11:00 am Mass at Bridle Wood Retirement Home

6:00 pm Eucharistic Adoration

7:00 pm For Our Parish Community

Friday 15, February

7:00 pm Stations of the Cross and Mass
Stations of the Cross Conducted by Saint
Bernard Catholic Women's League

Saturday 16, February

5:00 pm For Harold Darbyshire by
Richard & Micheline Darbyshire
Josephine & Theresa Spurvey and the
Deceased Members of Spurvey Family by
The Spurvey Family

Sunday 17, February

9:00 am For Our Parish Community

11:00 am For Lucille Coderre by Her Family

EUCCHARISTIC MINISTERS

Saturday 16, February

5:00 pm Florence Johnston

Sunday 17, February

9:00 am Deacon Larry

11:00 am Colleen Randall

LECTORS

Saturday 16, February

5:00 pm Bob Driscoll

Sunday 17, February

9:00 am Deslyn Agard

11:00 am Marina Dooley

CASH COUNTERS

Sunday 17, February

Bob Cameron & Tom Conklin

COLLECTION REPORT

February 3, 2008: \$ 2412.00

YOUR PRAYERS ARE REQUESTED: Please remember in your prayers all those in our parish community who are sick and in need of encouragement: *Gerard Tessier, Joseph MacDonald, Tami Thompson, and a little baby girl Samantha.*



BAPTISM

We welcome those who were baptized into our parish community in the month of January:



*Kaylie Marie Desjardins,
Cadence Marrin Woolridge,
Gavin Vassar Woolridge,
Nicholas James Sheppard,
Derek Ray Sheppard*

RITE OF CHRISTIAN INITIATION OF ADULTS:

On Sunday, February 10th, the Rite of Election and Rite of calling candidates to Lenten renewal will be celebrated at 2:30 p.m., at Notre Dame Cathedral, on Sussex Drive. The Church extends a formal invitation, through Archbishop Terrence Prendercast, to all catechumens and candidates to enter into a fuller membership in their preparation for reception into the Church. At this ceremony our **Candidates: Debbie Goulet Frlan, Brenda McAllister, Tara Ramsay and Arlene Woodstock** names will be called, as will all others from neighbouring parishes. After this ceremony they will be known as the Elect. Remember them in your prayers.



PANCAKE BREAKFAST: You're invited to attend the St. Bernard Knights of Columbus Pancake breakfast (Pancake and sausages) on **Sunday, February 10th after the 9:00 and 11:00 am masses.** Tickets are \$3 per person.



FINANCIAL REPORT: The Financial Council has prepared the 2007 year end financial statement which you will find inserted in this week's bulletin. A brief presentation will be made after each mass this weekend and a member of the council will be available for questions at the entrance of the church.

CHURCH ENVELOPES – 2008: The 2008 Offertory Envelopes are available to be picked up at the entrance of the church. To register in the parish, please complete and return the initial offering envelope.



Growing in Love

Genesis 2:7-9, 16-18,25;3:1-7, Romans 5: 12-19, Matthew 4:1-11

Dealing with temptation and growing as spiritual persons are two sides of the same coin. Each of us is tempted in ways that threaten to pull us away from the love of God and others. So we need to really pay a lot of attention to temptation in our lives. Temptations tell us exactly where we need to grow. That makes sense because a temptation is directed towards our weakness.

If something appeals to your pride, or triggers your anger, or gets you into a lustful mood, then you know what you have to work on. That's what you need to bring before the Lord. That's what you need to pray about as if your life depended on it. That's also perhaps what you need to bring to a spiritual counselor or a trusted friend. And that's exactly where God wants to bring growth and healing into your life. And so, in a strange sort of way, temptation is a gift. It points to those areas in life where we still need growth and healing.

So what should we be doing during Lent? Is there some plan we can all follow, so that when Easter comes we will be satisfied with the way we spent the Lenten season? I'm afraid not. But having said that, there are certain paths we can explore in our Lenten journey. For some of you, your path might be more quiet time spent in the presence of God. For others it might be reading something which addresses your specific spiritual needs. Or it might be that you need to spend more time sharing your thoughts and feelings with your spouse or a special friend – trying to break down your personal isolation.

Lent is above all an opportunity. We are invited into the desert, not alone, but along with Jesus. Not to beat ourselves unmercifully by concentrating on how terrible we are, but to discover, with God's help, where we are able to increase the love we have for God, others and self.



WELCOME TO OUR PARISH

A warm welcome is extended to new parishioners. Please introduce yourselves to the pastor or complete the following and drop it in the collection basket.

Name: _____

Phone: _____

MEETINGS

CATHOLIC WOMEN'S LEAGUE: The St. Bernard CWL Council meeting is scheduled for **Thursday, February 14th at 7:30 pm following the celebration of the Eucharist at 7:00 pm.**



ST. BERNARD KNIGHTS OF COLUMBUS- #13433: The Knights of Columbus meeting will be **Monday, February 11th at 7:30 pm.**



WINNERS!: Congratulations to the winners of the CWL draw: Doug Randall – painting, Chris Smith – blue afghan and Rita Kamar – green afghan. The CWL will donate \$150 of their proceeds toward the renovation fund.

INTEREST OUTSIDE SAINT BERNARD PARISH

'COME & SEE' FOR MEN: *Have you ever thought of becoming a priest? Our "Come & See" group meets each month for fellowship, prayer & discussion. Next meeting: Fri., Feb. 15, 6:30 p.m. at St. Patrick Basilica on Kent St. Info: Fr. Joseph Muldoon (613-738-5025).*

A SESSION OF REFLECTION AND DIALOGUE ON END-OF-LIFE ISSUES: *For Catholic Health Care Workers. Sat., Mar. 1, 9:00 a.m. – noon. Speakers: Dr. Moira McQueen "What is a Catholic Perspective on End of Life issues?" and Dr. Bill Splinter "Some Case Scenarios that Raise the Essential Questions". Registration by Fri., Feb. 22: (613-738-5025, EXT. 217); (abrown@ecclesia-ottawa.org). Donation of \$10 appreciated.*

PLANNING TO MARRY? *Marriage Preparation Courses are held at most parishes, but for those unable to attend those locally, a limited number will be held at the Diocesan Centre, 1247 Kilborn Pl. Friday evening & all-day Saturday. Facilitators: Lynne & Ray Kaluski. May 9/10. Registration: (deaconpaul@ecclesia-ottawa.org).*

THE CANADIAN CATHOLIC BIOETHICS INSTITUTE: *The Vocation of the Catholic Physician: Integrating the Practical, the Bioethical and the Spiritual. April 25-27, 2008. University of St. Michael's College, Toronto. Info & registration: (www.ccbi-utoronto.ca).*