



MASS INTENTIONS

Wednesday, 27, February

9:15 am For Our Parish Community

Thursday 28, February

6:00 pm Eucharistic Adoration

7:00 pm For Our Parish Community

Friday 29, February

7:00 pm Stations of the Cross Conducted by Saint Bernard Knights of Columbus and Mass

Saturday 1, March

5:00 pm For the Intention of Eillen Quigley
Theresa and Josephine Spurvey and the
Deceased members of Spurvey Family by
The Spurvey Family

Sunday 2, March

9:00 am For Our Parish Community

11:00 am For Lucille Coderre by Her Family

EUCHARISTIC MINISTERS

Saturday 1, March

5:00 pm Lorna DeSouza

Sunday 2, March

9:00 am Bob Gervais

11:00 am Roseanne Myers

LECTORS

Saturday 1, March

5:00 pm Florence Johnston

Sunday 2, March

9:00 am Dan Lane

11:00 am *Family Mass*

CASH COUNTERS

Sunday 2, March

Richard Spurvey & Julie Gorman

COLLECTION REPORT

February 17, 2008: \$ 1931.07

Heating: \$ 381.43

YOUR PRAYERS ARE REQUESTED: Please remember in your prayers all those in our parish community who are sick and in need of encouragement: *Gerard Tessier, Joseph MacDonald, Tami Thompson, and a little baby girl Samantha.*



FIRST RECONCILIATION: Children in our Parish will be making their first confession. Please keep the children in your prayers as they make this important step in their faith journey.

Wednesday 27, February at 7:00 pm: St. Bernard School
Tuesday 4, March at 7:00 pm: St. Marguerite D'Youville
Wednesday 5, March at 7:00 pm: St. Thomas Moore

REST IN PEACE: We offer our sympathy and prayers to the family and friends of **Father Virgil's brother** whose funeral was celebrated in Scarborough, Ontario on Tuesday, February 19th. Please remember him and his family in your prayers.



WAY OF THE CROSS - The Children and the Teens of our parish invite all parishioners to join them this **Friday evening at 7:00 pm** for the Way of the Cross. Please make this a part of your Lenten activity.



ST. PATRICK'S DAY PARTY: The St. Bernard Knight's of Columbus are hosting a St. Patrick's Day party on **Saturday, March 15th at 6:00 pm** in the parish hall. Irish stew and other refreshments will be available. Tickets are \$10.00 each, \$35.00 for a family. You can purchase these from any member of the Knight's of Columbus or at the door.



2007 TAX RECEIPTS: The 2007 tax deductible receipts have been mailed. If you do not receive yours, or if you have any questions, please phone the parish office at 613-738-1943.

CHURCH ENVELOPES – 2008: The 2008 Offertory Envelopes are available to be picked up at the entrance of the church. To register in the parish, please complete and return the initial offering envelope.



Content With Discontentment

Exodus 17:3-7, Romans 5: 1-2, 5-8, John 4:5-42

Our needs, wants and desires play a major role in our lives. They demand that we pay proper attention to them. A central idea which comes out of today's Scripture readings is the notion of contentment and discontentment. To be content is to be satisfied with what is, not to want more, to be comfortable with our lives just the way they are. Discontentment, is, of course, the opposite. When we are discontent, we feel that something is missing in our lives, and we want to find that missing something.

May I suggest that we should try to become discontented with our contentment, and contented with our discontentment? What am I trying to say with this little riddle? Briefly, it means that there are some areas of our life where it is not spiritually healthy to remain content, and also that there are some areas of our lives where we should actually nourish or encourage the feeling of discontentment.

When should we be discontent with our contentment? If we have settled down into a comfortable routine of comfort and satisfaction that excludes going out in love to others in need, then perhaps we are too satisfied. It's so easy to establish a routine that is basically a selfish one – a routine which only considers our own pleasure and security, our own little comfort and convenience.

On the other hand, when should we be content with our discontentment? Perhaps, we should change this sentence by saying, we need to be discontent with a false contentment. I'm talking about our relationship to the Lord. Our friendship with the Lord Jesus is one that needs to be nurtured and sustained. It's not enough to just be a kind of buddy with Jesus. If we are keeping him on the outside of our lives, sort of at arm's length, then chances are we don't let him into the most important places in our lives.



WELCOME TO OUR PARISH

A warm welcome is extended to new parishioners. Please introduce yourselves to the pastor or complete the following and drop it in the collection basket.

Name: _____

Phone: _____

Steps for Scripture Reflection for Lent:

Place a Bible with the appropriate passages marked or a Sunday lectionary open to the appropriate page on a table with a candle.

1. Opening Prayer: "Good and gracious God, May your Spirit open us to receive your Word deeply into our lives.

May its message nourish us and challenge us to grow closer to you.

We ask this in the name of Jesus, Word made flesh."

R. Amen.

2. Read the Scripture texts slowly allowing time for silent reflection after each reading.



3. Read Archbishop Prendergast's scripture reflection (*if meeting in a group invite someone to read it aloud.*)

4. Ponder the following:

- What strikes me from what I have heard?
- Does it reassure me, challenge me, invite me to go deeper in my Lenten journey of faith?

After everyone has had a chance to share some insight...

5. What is one concrete thing I will do this week to act on my insight?

6. Concluding Prayer: "God of life and goodness, May the Holy Spirit fill us with the power to live faithfully what we have heard in your Word.

We ask this in the name of Jesus who is our way, our truth and our life now and forever."

R. Amen.